

INDIVIDUAL MEAL PACKS 2002 MENU

BREAKFAST NO 1

BREAKFAST NO 2

BREAKFAST NO 3

Beans and Wieners in Tomato Sauce	Pouch 1
Pineapple Tidbits w/Syrup	Pouch 1
Crunchie Cereal	Pkg 1
Pear Beverage Crystals	Pkg 1
Bread	Pkg 1
Raspberry Jam	Pkg 2
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Hot Chocolate Mix	Pkg 1
Ketchup	Pkg 1
Butterscotch Candy	Ea 1
Chewing gum	Pkg 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

Scalloped Potatoes and Ham	Pouch 1
Sliced Peaches w/Syrup	Pouch 1
Banana Flavoured Oatmeal Cereal	Pkg 1
Passion-fruit Beverage Crystals	Pkg 1
Bread	Pkg 1
Strawberry Jam	Pkg 2
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Hot Chocolate	Pkg 1
Ketchup	Pkg 1
Assorted Life Savers	Roll 1
Chewing Gum	Pkg 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

Sausage and Hash Browns	Pouch 1
Fruit Cocktail w/Syrup	Pouch 1
Blueberry Apple Cereal	Pkg 1
Orange- Pineapple Beverage Crystals	Pkg 1
Bread	Pkg 1
Marmalade	Pkg 2
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Hot Chocolate Mix Hazel Nut Cream	Pkg 1
Mustard	Pkg 1
Butterscotch Candy	Ea 1
Chewing Gum	Pkg 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

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BREAKFAST NO 4

Ham Steak w/ Mustard Sauce	Pouch 1
Sliced Pears w/Syrup	Pouch 1
Cinnamon Flavoured Oatmeal	Pkg 1
Mixed Fruit Beverage Crystals	Pkg 1
Bread	Pkg 1
Peanut Butter	Pkg 2
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Hot Chocolate Mix	Pkg 1
Ketchup	Pkg 1
Assorted Life savers	Roll 1
Chewing gum	Pkg 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

BREAKFAST NO 5

Cheese Omelette w/ Mushroom Sauce	Pouch 1
Blueberries w/Syrup	Pouch 1
Crunchie Cereal	Pkg 1
Orange Beverage Crystals	Pkg 1
Bread	Pkg 1
Grape Jelly	Pkg 2
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Hot Chocolate	Pkg 1
Ketchup	Pkg 1
Butterscotch Candy	Ea 1
Chewing Gum	Pkg 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

INDIVIDUAL MEAL PACKS 2002 MENU

LUNCH NO 1

LUNCH NO 2

LUNCH NO 3

Rotini Primavera	Pouch 1
Sliced Peaches w/Syrup	Pouch 1
Orange Beverage Crystals	Pkg 1
Bread	Pkg 1
Peanut Butter	Pkg 2
Ketchup	Pkg 1
Coffee	Pkg 1
Coffee Vanilla Flavoured	Pkg 1
Sugar	Pkg 1
Whitener	Pkg 1
Creamy Caramel Chocolate Bar	Bar 1
Assorted Life Savers	Roll 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

Green Pepper Beef	Pouch 1
Raspberry Apple Sauce	Pouch 1
Orange-Pineapple Beverage Crystals	Pkg 1
Bread	Pkg 1
Peanut Butter	Pkg 2
Steak Sauce	Pkg 1
Coffee	Pkg 1
Mango Flavoured Herbal Tea	Ea 1
Sugar	Pkg 2
Whitener	Pkg 2
Cookies 'n' Cream Chocolate Bar	Bag 1
Butterscotch Candy	Ea 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

Penne Rigati w/Meat and Tomato Sauce	Pouch 1
Sliced Apples w/Syrup	Pouch 1
Lemon Beverage Crystals	Pkg 1
Mini Cheese Sandwich Crackers	Pkg 1
Strawberry Jam	Pkg 2
Pepper Sauce	Pkg 1
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Mirage Chocolate Bar	Bar 1
Butterscotch Candy	Ea 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

INDIVIDUAL MEAL PACKS 2002 MENU

LUNCH NO 4

LUNCH NO 5

LUNCH NO 6

Shepherd's Pie Pouch 1
Cherries w/Syrup Pouch 1

Pear Beverage Crystals Pkg 1
Bread Pkg 1
Peanut Butter Pkg 2

Ketchup Pkg 2
Coffee Pkg 2
Sugar Pkg 2
Whitener Pkg 2
Coffee Crisp Chocolate Bar Bar 1
Assorted Life Savers Roll1
Salt Pkg 1
Pepper Pkg 1

Plastic Spoon ea 1
Towelette ea 1
Matches bk 1
Paper Towel ea 1
Toothpick ea 1

Turkey and Vegetable Stew Pouch 1
Pineapple Tidbits w/Syrup Pouch 1

Mixed Fruit Beverage Crystals Pkg 1
Mini Cheese Sandwich Crackers Pkg 1
Honey Pkg 2

Cranberry Jelly Pkg 1
Coffee Pkg 1
Regular Tea Pkg 1
Sugar Pkg 1
Honey Dehydrated Pkg1
Whitener Pkg 2
Chunky KitKat Chocolate Bar Bar 1
Assorted Life Savers Roll 1
Salt Pkg 1
Pepper Pkg 1

Plastic Spoon ea 1
Towelette ea 1
Matches bk 1
Paper Towel ea 1
Toothpick ea 1

Hungarian Goulash Pouch 1
Apple Sauce Pouch 1

Passion-fruit Beverage Crystals Pkg 1
Bread Pkg 1
Raspberry Jam Pkg 2
Instant Buttered Rice Pkg 1

Pepper Sauce Pkg 1
Coffee Pkg 2
Sugar Pkg 2
Whitener Pkg 2
Butterscotch Pudding Pkg1
Frosted Mint Chocolate Bar Bar 1
Assorted Life Savers Roll1
Salt Pkg 1
Pepper Pkg 1

Plastic Spoon ea 1
Towelette ea 1
Matches bk 1
Paper Towel ea 1
Toothpick ea 1

INDIVIDUAL MEAL PACKS 2002 MENU

<u>SUPPER NO 1</u>		<u>SUPPER NO 2</u>		<u>SUPPER NO 3</u>	
Lasagna with Meat in Tomato Sauce	Pouch 1	Tarragon Chicken Strips	Pouch 1	Pork Chow Mein	Pouch 1
Sliced Peaches w/Syrup	Pouch 1	Strawberry and Rhubarb Compote	Pouch 1	Apple Sauce	Pouch 1
Orange-Pineapple Beverage Crystals	Pkg 1	Pear Beverage Crystals	pkg 1	Mixed Fruit Beverage Crystals	Pkg 1
Chicken Mediterranean Soup	Pkg 1	Tomato and Herbs Soup	Pkg 1	Oriental Vegetable Soup	Pkg 1
Mini Peanut Butter Sandwich Crackers	Pkg 1	Bread	Pkg 1	Bread	Pkg 1
Raspberry Jam	Pkg 2	Peanut Butter	Pkg 2	Honey	Pkg 2
		Chicken Flavoured Rice	Pkg 1	Instant Buttered Rice	Pkg 1
Parmesan Cheese	Pkg 1	Cranberry Jelly	Pkg 1	Teriyaki Sauce	Pkg 1
Coffee	Pkg 1	Coffee	Pkg 1	Coffee	Pkg 2
Coffee Cappuccino Flavoured	Pkg 1	Regular Tea	Ea 1	Sugar	Pkg 2
Sugar	Pkg 1	Sugar	Pkg 1	Whitener	Pkg 2
Whitener	Pkg 1	Honey Dehydrated	Pkg 1	Mocha Pudding	Pkg 1
Maple Sugar Cookies	Pkg 1	Whitener	Pkg 2	Butterscotch Candy	Ea 1
Assorted Life Savers	Roll1	Butter Shortbread	Pkg 1	Salt	Pkg 1
Salt	Pkg 1	Butterscotch Candy	Ea 1	Pepper	Pkg 1
Pepper	Pkg 1	Salt	Pkg 1		
		Pepper	Pkg 1		
Plastic Spoon	ea 1	Plastic Spoon	ea 1	Plastic Spoon	ea 1
Towelette	ea 1	Towelette	ea 1	Towelette	ea 1
Matches	bk 1	Matches	bk 1	Matches	bk 1
Paper Towel	ea 1	Paper Towel	ea 1	Paper Towel	ea 1
Toothpick	ea 1	Toothpick	ea 1	Toothpick	ea 1

SUPPER NO 4

INDIVIDUAL MEAL PACKS 2002 MENU

SUPPER NO 5

SUPPER NO 6

Veal Cutlet w/Mushroom Sauce	Pouch 1
Baked Chocolate Dessert	Pouch 1
Lemon Beverage Crystals	Pkg 1
Oriental Vegetable Soup	Pkg 1
Bread	Pkg 1
Peanut Butter	Pkg 2
Onion Favoured Instant Mashed Potatoes	Pkg 1
Mustard	Pkg 1
Coffee	Pkg 1
Mint Flavoured Herbal Tea	Pkg 1
Sugar	Pkg 2
Whitener	Pkg 2
Chocolate Sandwich Cookies with Vanilla Cream	Pkg 1
Butterscotch Candy	Ea 1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

Salisbury Steak Dinner	Pouch 1
Fruit Cocktail w/Syrup	Pouch 1
Passion-fruit Beverage Crystals	Pkg 1
Tomato and Herbs Soup	Pkg 1
Bread	Pkg 1
Grape Jelly	Pkg 2
Steak Sauce	Pkg 1
Coffee	Pkg 2
Sugar	Pkg 2
Whitener	Pkg 2
Bourbon Cookies	Pkg 1
Assorted Life Savers	Roll1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1

Salmon Filet Nature	Pouch 1
Spicy Apple Compote (WORNICK)	Pouch 1
Lemon Beverage Crystals	Pkg 1
Chicken Mediterranean Soup	Pkg 1
Bread	Pkg 1
Honey	Pkg 2
Onion Favoured Instant Mashed Potatoes	Pkg 1
Teriyaki Sauce	Pkg 1
Coffee	Pkg 1
Regular Tea	Pkg 1
Sugar	Pkg 2
Whitener	Pkg 2
Chocolate Chips Cookies	Pkg 1
Assorted Life Savers	Roll1
Salt	Pkg 1
Pepper	Pkg 1
Plastic Spoon	ea 1
Towelette	ea 1
Matches	bk 1
Paper Towel	ea 1
Toothpick	ea 1