

17 Dec 99

**LIGHT MEAL COMBAT MENU - 2001****MENU #1**

<u>Components</u>	<u>QTY</u>
Beef Jerky	50 g
Dried Apple Chiplets	40 g
Granola Dipples/Chocolate Chips	1 bar
Apples & Cranberries Cereal Square	1 each
Triple Chocolate Coffee Crisp Chocolate bar	1 bar
Jolly Rancher passion fruit flavoured candies	1 pkg
Hot Chocolate (28 g)	1 env
Orange Beverage Crystals (250 mL)	2 env
Beverage Mixing Bags	2
Pouch	1

**MENU #2**

Pepperoni	50 g
Dried Raisins	40 g
Granola Dipples/Fudge	1 bar
Rice Krispies Square	1 each
Mirage Chocolate bar	1 bar
Jolly Rancher Tropical flavoured candies	1 pkg
Hot Chocolate (28 g)	1 env
Raspberry Beverage Crystals (250 mL)	2 env
Beverage Mixing Bags	2
Pouch	1

**MENU #3**

Dried Cheddar Cheese	40 g
Dried Pineapple/Papaya	30 g
Granola Dipples/Graham and Marshmallow	1 bar
Frosted Chocolate Fudge Pop Tarts	1 each
Special Crisp Chocolate Bar	1 bar
Life Savers/Butterscotch	1 roll
Hot Chocolate (28 g)	1 env
Lime Beverage Crystals (250 mL)	2 env
Beverage Mixing Bags	2
Pouch	1

Revision: 02 Dated: 11 Jul 00

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