

THE INDONESIAN NATIONAL DEFENCE FORCES

Composite Ration (24 X 1 man Pack)

TYPE: C

SERIAL	ITEM	WEIGHT	QTY
1	Chicken Soto with Rice	105 g	1 packet
21	Fish Sambal Rice	400 g	1 packet
3	Spicy Sauce Beef with Rice	400 g	1 packet
4	Biscuit	96 g	1 packet
5	Instant Coffee Milk	30 g	1 packet
6	Instant Coffee	2 g	2 packets
7	Tea Bag	2 g	2 packets
8	Energy Drink	30 g	2 packets
9	Sugar	8 g	8 packets
10	Salt	0.8 g	2 packets
11	Pepper	0.4 g	2 packets
12	Vitamin Tablet	0.9 g	1 tablet
13	Tissue Paper		1 packet of 10's
14	Wet Tissue		1 ea
15	Toothpicks		3 ea
16	Matches		1 ea
17	Scouring Pad (with Liquid Washing)		1 ea