

## THE INDONESIAN NATIONAL DEFENCE FORCES

### Composite Ration (24 X 1 man Pack)

**TYPE: F**

SERIAL	ITEM	WEIGHT	QTY
1	Fish Spicy Sauce Rice	140 g	1 packet
2	Beef Bali with Rice	400 g	1 packet
3	Mild Rice (Flavoured)	50 g	1 packet
4	Biscuit	64 g	1 packet
5	Biscuit	48 g	1 packet
6	Jam	40 g	1 packet
7	Jam	30 g	1 packet
8	Candy	27 g	1 packet
9	Instant Coffee Milk	40 g	1 packet
10	Instant Coffee	2 g	2 packets
11	Tea Bag	2 g	2 packets
12	Energy Drink	30 g	2 packets
13	Instant Milk with Mung Bean (Flavoured)	40 g	1 packet
14	Sugar	8 g	8 packets
15	Salt	0.8 g	2 packets
16	Pepper	0.4 g	2 packets
17	Vitamin Tablet	0.9 g	1 tablet
18	Tissue Paper		1 packet of 10's
19	Wet Tissue		1 ea
20	Toothpicks		3 ea
21	Matches		1 ea
22	Scouring Pad (with Liquid Washing)		1 ea